THE PURPOSE OF SPIRITUAL PSYCHOLOGY IS TO PROVIDE PRINCIPLES AND PRACTICES, WHICH WHEN UTILIZED, FACILITATE INNER AND OUTER TRANSFORMATION RESULTING IN A MORE JOYFUL AND FULFILLING LIFE.

Ron and Mary Hulnick

The following list includes 9 of the 33 Principles of Spiritual Psychology. Review the list and, as you read, ask yourself the following question: If this statement is true, then … Utilizing the space below each of the Principles, write your responses.

1. God is everything in existence both seen and unseen. The nature of God is Love.

If this statement is true, then ...

2. Since we are all a part of God, our essential nature also is Love—and we have the opportunity of knowing our Loving nature experientially, Here and Now.

If this statement is true, then ...

3. We are not human beings with Souls; we are Souls using a human experience for the purpose of Awakening.

If this statement is true, then ...

4. An unresolved issue is anything that disturbs your Peace.

If this statement is true, then ...

5. Nothing outside of you causes your disturbances.

If this statement is true, then ...
6. Outer experience is a reflection of inner reality.
If this statement is true, then ...

7. Personal internal reality is subjective. Therefore, what you believe determines your experience.
If this statement is true, then ...

8. You create your future by how you respond to experiences now.
If this statement is true, then ...

9. The mind is a tool to be used in service to the Heart.
If this statement is true, then ...

“The essence of Soul-Centered Living is Awakening into the Awareness of who you truly are and living your life from that Awakened state.”

◆ Ron and Mary Hulnick