MASTER'S PROGRAMS
IN SPIRITUAL PSYCHOLOGY
Soul-Centered education recognizes spiritual reality and begins with the assumption that, rather than human beings who have a Soul, we are Souls having a human experience.

This principle evokes a radical paradigm shift, which results in a psychological and educational process whose goal is to bring forth the beauty, wisdom, and compassion inherent in every human being.”

Mary R. Hulnick, Ph.D.
Chief Academic Officer
University of Santa Monica
“The University of Santa Monica embodies the true meaning of education: to draw out from within. The Programs are both academically rigorous and deeply healing. Structured so that working adults can attend over a series of weekends and weeklong summer sessions, the Programs in Spiritual Psychology are much needed wisdom training for our times. Come and join a family that inspires as well as educates.”

Dr. Joan Borysenko  
Educator & Author  
Guilt is the Teacher,  
Love is the Lesson  
Your Soul’s Compass:  
What is Spiritual Guidance?  
Fire in the Soul: A New Psychology of Spiritual Optimism

Like each of us, the world of education is evolving. In each era, institutions of higher learning have brought forward new paradigms of thought and practice to assist the world in overcoming the challenges of the times. And so, for hundreds of years, institutions of higher learning have been operating within the paradigm of Knowledge, meaning the acquisition of information, in service to fueling passages marked by monikers like the “Industrial Age” and the “Information Age.”

As we look around the world today, could it be that a new paradigm of thought and practice is needed? If at any moment we turn on our televisions, we may witness the devastation of an earthquake in one part of the world, the bellowing of oil into the sea in another, the refugees of a war in yet another, and economic instability seemingly everywhere. Is what the world needs at this juncture more knowledge? Or might now be the time for a new paradigm that heralds the transcendent and healing power of Wisdom, which is the result of converting information through life experience?

Would it be in service to humanity for there to be an institution of higher learning whose purpose was not to equip students with more knowledge but to provide them with opportunities for the healing and transformation of their own consciousness, along with principles and practices that empower them to make a meaningful contribution in their world?

Enter the University of Santa Monica, Drs. Ron and Mary Hulnick, and the timely educational paradigm of Spiritual Psychology...
Right now, more than any time in history, people are evaluating their lives through the filter of these essential questions:

1) WHO AM I?
2) WHY AM I HERE AND WHAT IS MY PURPOSE?
3) HOW CAN I MAKE A MEANINGFUL CONTRIBUTION IN THE WORLD?

For over 30 years, the University of Santa Monica, the Worldwide Center for the Study and Practice of Spiritual Psychology™, has been diligently and lovingly providing innovative Master’s Degree Programs in Spiritual Psychology. The University’s Soul-Centered experiential educational model evokes in students their own answers to these three essential questions resulting in more purposeful and fulfilling lives. Each individual student is recognized, honored, and respected for the Essence of who they truly are.

“Spiritual Psychology is about freedom and compassion; not as concepts but as realities born of our own experience.”

H. Ronald Hulnick, Ph.D. President
University of Santa Monica
1) WHO AM I?
The University’s Master’s Degree Programs engage students experientially in the principles and practices of Spiritual Psychology. This technology empowers them to convert their everyday life experiences into rungs on the ladder of Spiritual Evolution where the answer to this question can be discovered. Classes are conducted in a Soul-Centered educational environment, pioneered by Drs. Ron and Mary Hulnick, that acknowledges Spiritual Reality and begins with the recognition that we are not human beings with a Soul; we are Souls having a human experience.

2) WHY AM I HERE AND WHAT IS MY PURPOSE?
As we learn and implement the practical technology of Spiritual Psychology in our daily lives, we discover, amazingly, that what has stood in the way of Spiritual progression as well as a more fulfilling life is what we call “unresolved issues”—negative reactions within each of us that are triggered by various situations, circumstances, and people. As we learn to heal these unresolved issues, we become clearer and more connected to our life’s purpose and naturally grow into enhanced levels of success and fulfillment.

3) HOW CAN I MAKE A MEANINGFUL CONTRIBUTION IN THE WORLD?
Through participating in the educational process experienced at USM, students make a meaningful contribution in their world in two distinct yet related ways. First, by healing unresolved issues, we literally subtract from the sum total of negativity on the planet and add to the sum total of positivity. Thus, at USM we say, “Every time one person resolves one issue, the whole of humanity moves forward.” Second, the more we evolve Spiritually, the more clearly our life’s purpose reveals itself and the more empowered we become to make more of a meaningful contribution in our world.

“These students, I know, are dedicated to being the answer to the Soul’s only question, and to being that answer in the lives of all those whose lives they touch. And that’s a three-word question, which this University seeks to answer. Or, better yet, does not seek to answer but seeks to provide the space from which the answer might emerge. And here is the three-word question: Who am I?”

Neale Donald Walsch
New York Times Best-Selling Author
Conversations with God Series
When Everything Changes, Change Everything
**WHAT IS SPIRITUAL PSYCHOLOGY?**

If you look up the word “psyche” in the dictionary, you will find “breath, principle of life, Soul.” But if you look up “psychology,” you will find “the science of mind and behavior.” Somehow, in the translation from essence to practice, the most important aspect of “psyche” has been lost. At the University of Santa Monica, we recognize our task as reintegrating the spiritual dimension back into the essence of an authentic psychological inquiry. It is this reintegration that evokes the emergence of a Spiritual Psychology.

*Spiritual Psychology is the study and practice of the art and science of human evolution in consciousness.* To engage in this genre, we must begin by distinguishing the essence of human evolution—what does it mean to evolve? In short, it means learning how to identify, recognize, and navigate successfully, within the Context of Spiritual Reality. Practically, it means learning how to surrender—or let go of—anything that disturbs one’s peace. It also means sacrificing our illusions of separation. Essentially, this “surrendering” and “sacrificing” is work that can and has been called “healing,” which includes healing on the physical, mental, and emotional levels in service to the deeper revelation of who we truly are as Loving, Peaceful, Compassionate, and Joyful beings. We refer to this level of awareness as the Authentic Self.

Put another way, Spiritual Psychology is a technology that empowers students to convert their everyday life experiences into rungs on the ladder of Spiritual Evolution. This educational process results in students experiencing greater connection with who they are, their life’s purpose, and enhanced levels of success and fulfillment. This empowers them to make a meaningful contribution in their world.

**WHY A SPIRITUAL PSYCHOLOGY... AND WHY NOW?**

Change is taking place at an unprecedented pace on our planet. The nature of this change is historically different from anything we have previously experienced. Because of the enormous destructive power now available, the world is being challenged to learn how to get along or pay the consequences, which could be extremely high. Further, since the pace of change is clearly accelerating, we do not appear to have the luxury of time to waste.

From within the Context of Spiritual Psychology, the only way to truly promote peace is for there to be more peaceful individuals living in the world. In this Context, it is accurate to say that as people evolve spiritually, they naturally become more peaceful. It is also true that enhanced peace is an individual phenomenon. The more one learns to surrender whatever they experience within that disturbs their peace, the more peaceful they become.

Spiritual Psychology at USM is a response to this global need. The curriculum is uniquely designed for students to learn the skills of issue resolution. (An issue is anything that disturbs your peace.) We must learn how to not only embrace who we are as spiritual beings having a human experience but also use that recognition as a foundation for “healing.” While always important, this work may now be necessary for our very survival.

And, by the way, assuming we get through the current challenges, these very same skills will be exactly the same ones that will be highly valued as we transform into a more peaceful highly globalized world.
WHAT IS SOUL-CENTERED EDUCATION?

The words instruction and education are often used interchangeably in today’s world of learning. Rightly used, instruction refers to the process of imparting information or knowledge in a systematic manner and then being able to retrieve it upon demand when deemed necessary. Education, which derives from the Latin word educare, literally means “to draw forth from within.” A true educational system is highly experiential and designed to provide information, knowledge, opportunities, and encouragement that assists students in the exciting discovery of their unique talents and abilities. It also challenges them in ways of sharing their gifts in their world. Much more than simply learning how to earn a living, it is a process for learning how to live a fulfilling life.

Soul-Centered education, then, is a process by which the inherent nature of each Soul is revealed, not only conceptually but also, and more importantly, experientially. In such a process, knowledge is transformed into Wisdom as one learns how to utilize the sometimes rough-and-tumble crucible of everyday life experience in service to their spiritual evolution as well as living a more effective, meaningful, and fulfilling life.

WHAT CHARACTERIZES SOUL-CENTERED EDUCATION?

With Spiritual Psychology as USM’s curriculum, Soul-Centered education refers to USM’s delivery system. First and foremost, Soul-Centered education respects the inherent worth and value of each and every human being. This orientation assumes the importance of deeply held values including Unconditional Loving, Acceptance, Compassion, and Peace.

Classes are taught in a manner consistent with the curriculum. As such, the educational process is:

- Sacred
- Highly Experiential
- Relevant and Practical
- Transformational
- Creative
- Inspirational
- Academically Excellent
- Alive and Dynamic
- Fun

These nine elements are hallmarks of, and integral to, the USM educational experience.

“Education in its truest sense means helping an individual along the path to the Self. All the abilities and experience we have studied... can be recognized and stimulated: inventiveness, empathy, courage, concentration, aesthetic appreciation, intuition, attention to detail, analytical and synthetic thought, awareness of invisible worlds and the expansion of consciousness, just to mention a few. In this way, education is no longer purely a transfer of information, but an evocation of the ‘universal human being.’”

Piero Ferrucci
Author
What We May Be
“The University of Santa Monica provides a wonderful environment for real education and spiritual transformation. It draws a high caliber, spiritually mature student who has clear intentions. When you bring together the sincerity of the student, the cutting-edge Programs that the University offers, and the quality of teachers that are facilitating the Programs, you have an authentic wisdom school. I have witnessed many of the students matriculate through the Program, and I can see they have walked hand in hand with quality.”

Reverend Dr. Michael Beckwith
Founder/Minister, Agape International Center of Truth
Author
Spiritual Liberation: Fulfilling Your Soul’s Potential

The University of Santa Monica’s M.A. Program in Spiritual Psychology explores the frontier where psychology interfaces with spirituality. Spiritual Psychology, as experienced through Soul-Centered education, is heartfelt, practical, highly experiential, and transformational. Lectures are informational, relevant, and always followed by processes designed so participants can directly experience the material discussed during the lectures.

For example, if we are going to learn the healing skill of forgiveness in general, and self-forgiveness in particular, we go about this by learning to find that place in our hearts where forgiveness resides and compassionately applying it to the place inside where we feel hurt.

The M.A. in Spiritual Psychology is unique and specialized in that completion prepares graduates to deal more effectively and compassionately with themselves and others. As such, it prepares one for any occupation and for a much greater degree of success and fulfillment in that occupation. This degree does not prepare one to sit for any license. In addition to learning various skills and approaches to healing oneself, students also learn over 35 Soul-Centered Basic Skills, which are tools for Spiritual evolution and for becoming more interpersonally effective. At the same time, students learn skills such as effective project management designed to result in greater levels of success in the physical world of relationships, career, health, finances, and artistic pursuits.

FIRST YEAR COURSE LIST
PSY 501 – Foundations of Spiritual Psychology
PSY 515 – Theories and Techniques Influencing Spiritual Psychology
PSY 520 – Advanced Spiritual Psychology
PSY 528 – Five-Day Spiritual Psychology Laboratory

SECOND YEAR COURSE LIST
PSY 504 – Human Growth and Development
PSY 512 – Marriage and Family Relationship: The Skills of Intimacy
PSY 516 – Soul-Centered Co-Creation
PSY 517 – Practicum in Soul-Centered Co-Creation
PSY 523 – Research and Evaluation for Action: Behavioral Science Methods
PSY 530 – Six-Day Spiritual Psychology Practicum
BENEFITS OF USM’S M.A. PROGRAM IN SPIRITUAL PSYCHOLOGY

- **Experiencing** enhanced spiritual awareness through knowing yourself as a Divine Being having a human experience.

- **Manifesting** greater success and fulfillment personally and professionally.

- **Transforming** your consciousness and your life by integrating the principles and tools of Spiritual Psychology.

- **Mastering** powerful *Soul-Centered Basic Skills*—tools for spiritual evolution.

- **Resolving** (healing) your own issues (anything that disturbs your peace).

- **Aligning** with your Soul’s purpose.

- **Fulfilling** your deepest aspirations through discovering effective and joy-filled ways of making a meaningful contribution in the world.

- **Participating** within a community of like-hearted individuals.

- **Discovering** your own answers to three essential questions:
  1) Who am I?
  2) Why am I here, and what is my purpose?
  3) How can I make a meaningful contribution in the world?

“There is no question that USM is on the leading edge, creating a model of what education could be, should be, and, in fact, HAS to be!”

Dr. Jean Huston
Author
The Possible Human
The Way to Awaken
A Mythic Life
This Program explores the relationship between Consciousness, Health, and Healing by examining how Radiant Health and Well-Being are influenced both by unresolved patterns in consciousness as well as their subsequent healing. Radiant Health includes physical, mental, emotional, and unconscious, as well as spiritual levels of health and well-being. During the course of the year, each student designs and implements an Individual Radiant Health and Well-Being Project.

COURSE LIST
CHH 590 – Principles and Practices of Advanced Spiritual Psychology I: Enhancing Ways of Knowing
CHH 591 – Principles and Practices of Advanced Spiritual Psychology II: The Healing Consciousness
CHH 593 – Integrative Approaches to Radiant Health
CHH 594 – Practicum in Integrative Approaches to Radiant Health
CHH 597 – Current Topics in Consciousness, Health, and Healing
CHH 598 – Advanced Seminar in Consciousness, Health, and Healing

This Program includes the two-year M.A. in Spiritual Psychology and adds an additional year of specialized in-depth education.

DISTINGUISHING FEATURES OF THE PROGRAM:
• Participating in a Soul-Centered process of unfoldment which supports the revelation and fuller expression of your entelechy, or your Soul’s purpose.
• Further accessing and developing your Inner Knowing through consciously cultivating and strengthening your intuition, your metaphorical/symbolic ways of knowing, and your rational/analytical ways of knowing.
• Cultivating the Healing Consciousness and more fully embodying the qualities that are hallmarks of the Healing Consciousness including: Acceptance, Compassion, Peace, Joy, Authenticity, and Unconditional Loving.
• Exploring and experiencing the dynamic relationship between higher consciousness, health, and healing in service to Radiant Health and Well-Being on all levels.
• Working with the patterns associated with each of the eight chakra centers in service to deep healing physically, mentally, emotionally, and within the unconscious, with the focus of further awakening to the Authentic Self.
• Reframing the challenges and opportunities of illness and other turning points in consciousness through the lens of the Soul’s evolution.

“The University of Santa Monica is a remarkable institution that educates the heart, mind, and soul. It’s truly whole-person education, which is very rare. You learn skills and approaches to life that only grow better with age, that will never be out of date, and that can be used in any situation and environment. Talk with USM grads years later and you’ll find an enduring enthusiasm for how USM changed their lives.”

Gay & Kathlyn Hendricks
Authors
Conscious Loving
The Corporate Mystic
The Conscious Heart
From the vantage point of Spiritual Psychology, we see that we are Souls who have come here in this lifetime to fulfill spiritual curriculum.

As spiritual beings, our primary goal is not to change life on this earth. Rather, life on this earth exists the way it does to provide us with experiences through which we can transform ourselves—meaning learning to express the essence of who we are in full and deeper ways. And the best description of our inherent nature is that we are, at our core, comprised of the energy we call Loving. So spiritual evolution is about becoming more and more aware of our nature as Loving beings.”

H. Ronald Hulnick, Ph.D.
President
University of Santa Monica
WHO WE ARE—OUR HISTORY & MISSION

“At a time when my internal cup was empty, USM filled me with insight, inspiration, and a deeper connection to who I truly am. For anyone on a path of healing, growth, or service, USM offers food for the soul, enlightenment for the mind, and peace for the heart. This school honors and respects every student in such a wonderful way. Regardless of who you are or what you do in the world, a USM education is a life-transforming gift that will sustain and support you all the days of your life.”

Iyanla Vanzant
New York Times Best-Selling Author
In the Meantime
One Day My Soul Just Opened Up
Yesterday I Cried
Peace from the Broken Pieces:
How to Get Through What You’re Going Through

The University of Santa Monica, formerly known as Koh-e-nor University, was founded in March of 1976 in Los Angeles, California. The inspiration for the University came from its Founder, distinguished educator, internationally known lecturer, and best-selling author, John-Roger. His vision was of a graduate school of the highest caliber, where students from across the globe could come and learn how to live in this world, to be in the here and now, and to be involved in the unique process of spiritualizing themselves.

In 1978, John-Roger met Dr. H. Ronald Hulnick and Dr. Mary R. Hulnick, both of whom were on the faculty of New Mexico State University in the Department of Counseling and Educational Psychology, where they trained professional counselors at the master’s and doctoral levels. For the next two years, the Hulnicks and John-Roger shared a continuing dialogue about educational philosophy and the importance of practical mastery education. These three noted educators found they shared a dream of enlivening, relevant, Soul-Centered education and committed to working together to bring forward an educational institution based on these values-centered precepts.

The Hulnicks envisioned an internationally known graduate school serving many students from diverse backgrounds whose educational and professional objectives were different from those usually met by institutions of higher education. Their focus was upon relevant information practically applied within a context of cooperation, support, and caring. This approach tends to result in a synergistic learning environment where high standards of achievement can be attained and maintained. In September of 1981, the first Master’s students were admitted.

The University has graduated over 3,300 graduates who are living examples of Soul-Centered education. These graduates and their work span the globe. To view videos and read inspirational stories from USM graduates and how they are using their USM education to continue making a meaningful contribution in their world, visit www.UniversityofSantaMonica.edu.

OUR MISSION

The University of Santa Monica is dedicated to communicating the principles and practices of Spiritual Psychology worldwide through the process of Soul-Centered education.
Founding Faculty & Co-Directors

Drs. Ron and Mary Hulnick are the pioneers and innovators in the emerging field of Spiritual Psychology. As USM’s founding faculty and Co-Directors, they designed the University’s extraordinary curriculum, and they continue to serve as senior faculty for USM’s inspired and progressive Master’s Degree Programs.

Over 35 years ago, it was Ron and Mary’s vision to develop a graduate program where the hallmarks of the educational process are characterized as experiential, engaging, relevant, meaningful, supportive, inspiring, practical, nurturing, and ultimately, transformational.

The Hulnicks are highly respected and recognized worldwide for their ability to support and guide students in discovering their own unique answers to life’s essential questions: “Who am I?” “What is my purpose?” and “How can I make a more meaningful contribution in the world?” USM graduates around the world share that being with Ron and Mary in the classroom is, without exception, one of the most transformative, loving, and memorable experiences that they will cherish for a lifetime.

The Hulnicks are the Executive Producers of the University’s award-winning documentary Freedom to Choose, which took first place at the 2009 Emerging Filmmaker Showcase at the Cannes Film Festival. Their most recent book, Loyalty to Your Soul: The Heart of Spiritual Psychology, has been described by Caroline Myss as a “stunning masterpiece” of primary importance.

Ron and Mary are both licensed Marriage and Family Therapists and Mary is also a licensed Clinical Psychologist. Prior to founding USM, they were educating Master’s and Doctoral level students at New Mexico State University.

“It is becoming more and more clear that increasing numbers of people globally are responding to what we refer to as an Evolutionary Impulse. Perhaps you are someone who has realized that true happiness and fulfillment are not goals to be achieved by success in the material world. Rather, they are the result of awakening into the realization of who you truly are, what your purpose is, and how you can make a meaningful contribution in your world. If so, welcome to the ranks of those who are discovering what it means to be Loyal to Your Soul.”
STUDENTS
Students at the University of Santa Monica are adults with diverse cultural and varied educational, professional, and personal backgrounds. We have designed our Programs to accommodate those with both professional and family responsibilities. The weekend format allows students to come from great distances to participate—not only from other cities but also from other countries. Since classes meet regularly over the course of two consecutive years, deep bonds are formed as students become a community of support for one another.

FACULTY
The University of Santa Monica faculty is composed of highly qualified professionals who have been attracted by the philosophy and objectives of the University. All University faculty bring to their teaching a strong academic background enhanced by practical professional experience in their specialized fields. The faculty are committed to empowering students in the revelation of their Authentic Self and in living more in alignment with their Soul’s purpose.

USM COMMUNITY
An important product of the University of Santa Monica is the quality of our learning environment. As a conscious educational community, we are continually cultivating and evolving in service to all participating. At USM, everyone is a student, including currently enrolled students, staff, faculty, and alumni. Our intention is congruence between what is taught and the process through which it is taught.

USM’S PROGRAMS
The University offers the following Graduate Programs:
• M.A. in Spiritual Psychology
• M.A. in Spiritual Psychology with an Emphasis in Consciousness, Health, & Healing

INSTITUTIONAL APPROVAL
The University of Santa Monica has been continuously approved since 1983 by the California Bureau for Private Postsecondary Education to grant Master’s degrees.

A SCHEDULE YOU CAN LIVE WITH
Classes meet one weekend a month, October through June, plus one week in the summer. This schedule allows adults with busy personal and professional lives to participate:
• One Weekend per Month
• October-June – Weekend Schedule*:
  Friday: 7:00 – 10:30 p.m.
  Saturday: 10:00 a.m. – 10:00 p.m.
  Sunday: 9:30 a.m. – 7:30 p.m.
*All ending times are approximate. 1.5 to 2 hour meal breaks are provided on Saturday and Sunday along with other short breaks throughout the day.
## ADMISSION INFORMATION

### ADMISSION TO USM
USM is a small, private graduate school admitting 276 new students each fall.

### ADMISSION—NEXT STEPS
USM accepts only 276 highly qualified students each year. Classes begin once a year in October and spaces fill quickly. When the class fills, prospective students are placed on a waiting list. Registration and submission of a completed Application for Admission are required to reserve your space in the class, pending your acceptance into the University. If it is your intention to enroll in one of USM’s Programs in Spiritual Psychology, we encourage you to register and complete your Application early in order to receive priority consideration for admission.

### USM CATALOGUE
For more information on USM’s Programs, admissions procedures, and policies, please refer to the USM Academic Catalogue, which is available as part of a USM Information Packet. This can be requested by calling the Office of Admissions. The USM Catalogue is also available on the USM Web site at www.UniversityofSantaMonica.edu/Pdfs/USM_Catalogue.pdf

### TUITION AND EXPENSES
Full details, including quarterly and yearly tuition summaries for each Program, are clearly outlined in the Financial Policies insert and are also available on the USM Web site.

USM has been very successful in assisting students in gaining Employer Assistance to cover their tuition expenses.

### INFORMATION EVENINGS
Information Evenings provide an excellent opportunity to learn more about USM’s Programs, meet the faculty, and talk with current students and graduates. Information Evenings are held on select dates throughout the year. For a complete listing, visit the Event Calendar on the USM Web site.

### UNIVERSITY FACILITIES
The University of Santa Monica administrative offices and classrooms are located on the corner of Wilshire Boulevard and 21st Street in Santa Monica, California. These beautiful facilities are conveniently located close to many excellent restaurants and hotels.

### STUDENT LOANS
For highly qualified students who demonstrate financial need, USM’s Tuition Assistance Loan Program is available to assist students in paying for their education. Please contact the Office of Admissions for more information.

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One knows the true nature of the tree by the fruit it produces. And so, for us at the University of Santa Monica, our graduates, their lives, relationships, careers, and their contributions in the world are the true measures and celebrations of how a University of Santa Monica education can transform a human life. We invite you to see their stories on our Web site and, ideally, connect with them in person. To experience the miracle of our graduates is to experience the miracle of the University of Santa Monica.